

Greenfield CUSD #10 Suicide Prevention

Suicide usually happens because of an underlying mental health disorder and is not generally caused by a single event.

Mental Health Disorders affect the way people feel and prevent them from thinking clearly and rationally. Have a mental health disorder is nothing to be ashamed of and help is available.

The National Suicide Prevention Lifeline is available 24/7 and is free and confidential support for people in distress. **1-800-273-TALK (8255)**

The Crisis Text Line is available to anyone in crisis. Text **HOME** to [741741](https://www.crisistextline.org/) from anywhere in the United States, anytime.

SAMSHA's 24-hour hotline is free and confidential and provides information and treatment referrals for individuals facing mental health and/or substance abuse disorders. **1-800-662-4357**

The American Foundation for Suicide Prevention lists the risk factors.

<https://afsp.org/risk-factors-protective-factors-and-warning-signs>

The Greenfield School District staff are trained on suicide risk factor and know what to do if a crisis occurs. There are also lessons offered to students on social skills, problem solving skills, coping skills, and help seeking skills.

If staff feels like a student is at risk for suicide, the first step is to contact the CARES hotline. CARES will contact a local SASS Crisis Worker to conduct an assessment of the student to see if they are at high risk for suicide. The worker will then make recommendations for the student. The CARES hotline is 1-800-345-9049.

To learn more about the CARES and SASS please click on the link below.

<https://www2.illinois.gov/hfs/MedicalProviders/behavioral/sass/Pages/sasshome.aspx#:~:text=If%20you%20are%20in%20need,%2D800%2D345%2D9049.>

Below are some resources that are available:

During School Hours:

Greenfield District Counselor:

Abby Hudson

217-368-2219-High School

217-368-2551-Elementary

Ahudson@greenfieldschools.org

24 Hour Crisis Hotlines:

Locust Street Resource Center:

320 S. Locust Street

Carlinville, IL 62626

Phone: 217-854-3166

After Hours: 217-854-3135

Gateway Regional Medical Center:

2100 Madison Ave.

Granite City, IL 62040

Phone: 618-798-3888