

Suicide is a complicated behavior. It usually happens because of an underlying, treatable mental disorder like depression and is not generally caused by a single event.

Mental disorders affect the way people feel and prevent them from thinking clearly and rationally. Having a mental disorder is nothing to be ashamed of, and help is available.

The American Foundation for Suicide Prevention lists the risk factors. [Click here](#)

In the Greenfield School District staff will be trained on suicide risk factors and how to refer students who are at risk. We will also offer lessons to grades 7-12 teaching social skills, problem solving skills, coping skills, and help seeking skills.

If staff feels a student is at risk for suicide, our first step is to contact the parent and the CARES hotline. CARES will contact a local SASS crisis worker to conduct an assessment of the student to see if they are at high risk for suicide. The worker will then make recommendations for the student. To read more about the CARES hotline and SASS, [Click here](#).

What can you do? If you are concerned about yourself or a friend, tell a trusted adult. DON'T keep this a secret! GET HELP! Below are some resources available.

During school hours:

Missy Struif
Greenfield District guidance counselor
217-368-2219
217-368-2551
mstruif@greenfieldschools.org

24 hour crisis hotlines that you can call to talk to a crisis specialist:

Locust Street Resource Center
320 South Locust Street
Carlinville, IL 62626
Phone: 217-854-3166
After hours:
217-854-3135

Chestnut Health Systems
50 Northgate Industrial Drive
Granite City, IL 62040
Phone: 618-877-0316

2 inpatient facilities where you can stay to keep safe:

Gateway Regional Medical Center
2100 Madison Ave
Granite City, IL 62040
618-798-3888

Lincoln Prairie Behavioral Center
5230 South 6th St.
Springfield, IL 62703
217-888-1180

